## Hagerty HS Track and Field



## **Competition Standards**

BOYS	D Standard		C Standard		B Standard		A Standard	
	Developmental		Junior Varsity		Varsity		Varsity +	
	First Year Standard		SAC Standard		SAC Standard		State Meet Standard	
	Success Range		Success Range		Success Range		Success Range	
EVENT	High	Low	High	Low	High	Low	High	Low
100 Meter Dash	13.50	12.50	12.50	11.80	11.80	11.00	11.00	10.60
110 Meter Hurdles	22.00	20.00	20.00	17.50	17.50	15.50	15.50	14.50
200 Meter Dash	26.00	25.50	25.50	24.50	24.50	22.50	22.50	21.50
400 Meter Dash	1:01.00	59.00	59.00	55.00	55.00	50.00	50.00	48.00
400 Meter Hurdles	1:10.00	1:06.00	1:06.00	1:02.00	1:02.00	55.75	55.75	52.50
4x100 Meter Relay	49.00	47.00	47.00	45.00	45.00	43.00	43.00	41.70
4x400 Meter Relay	3:45.00	3:40.00	3:40.00	3:35.00	3:35.00	3:30.00	3:30.00	3:20.00
	Meters	Feet	Meters	Feet	Meters	Feet	Meters	Feet
Long Jump	5.18m	17ft	5.49m	18ft	5.79m	19ft	6.58m	21ft 7in
Triple Jump	10.36m	34ft	11.28m	37ft	12.19m	40ft	13.41m	44ft
High Jump	1.52m	5ft	1.65m	5ft 5in	1.83m	6ft	1.88m	6ft 2in
A Standard	This athlete has what it takes to score Varsity points at the District/State Championships.							
B Standard	This athlete has what it takes to score Varsity points at the SAC Championships.							
C Standard	This athlete has what it takes to score points at the SAC Freshmen Sophomore Championship.							
D Standard	This athlete may compete in developmental meets when these standards are met.							
Below D Standard	This athlete falls below competition stands, yet can continue to practice/train with the team.							



GO HUSKIES

